Week 09 Activities

Weekly Awards

Touch Football Clinic

Sydney/Canberra Secondary Camp
Principal's Note
Hello and welcome to my Principal's Note for Week 9.

Another week done and only one to go before Term 3 is over. Over the past week, a lot has happened at our school and it is becoming apparent that it is almost holiday time. I remind all families of the school's high expectations around attendance even during the last week of school. All students are expected to be in attendance until 3pm Friday of Week 10.

School Uniform
It has been great to see the entire student population attending school each day wearing our uniform with pride. Well done students and parents! Remember to have all items named to allow prompt return if required.

School Crossing
During my regular wanderings before and after school, I have noticed a number of students and parents performing (in my opinion) some unsafe acts when crossing the roads. On Robert Street and Cordelia Street, there are pedestrian crossings that are in place for all to use to assist with crossing the road safely.

Parents, I strongly encourage you to reinforce the road safety message and to use the School Crossing with your children to set a safe example for them and others.

School Website
As you would know, our school website is one method that is used to communicate with various audiences on a range of important aspects about our great school. The site is regularly updated with recent news, upcoming events, newsletters, school policies etc. to keep the public informed. I recommend that you visit our website at www.suratss.eq.edu.au to stay informed. Happy reading/browsing!

School Sport
Well done to Thomas Schutt for representing our school and the Roma District at the South West Cricket Trials in Chinchilla. Congratulations to Thomas for being selected to compete at the State Cricket Titles later in the year.

Have a great weekend!
Remember, “The Surat State School way is to commit to our learning, strive for excellence and succeed in all we do.”

Mr Justin Washington
Principal

Facebook
Don’t forget to stay tuned to our school's Facebook page.

Playgroup
Wednesday 9am -11am
0-5 Years
Bring morning tea or order tuckshop (orders in by 9am), hat and sunscreen
Gold coin donation

LOST PROPERTY
There is a lot of unnamed winter clothing in the lost property box under the Primary Building. Please come and check to see if any belongs to your child/ren.

Thank you
Student of the Week - Week 8

<table>
<thead>
<tr>
<th>Level</th>
<th>Name</th>
<th>Reason</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prep:</td>
<td>Chloe Cameron</td>
<td>for showing commitment to your learning and perseverance.</td>
</tr>
<tr>
<td>Year 1:</td>
<td>Jayden Hockey-Waldron</td>
<td>for being committed to his learning and writing a detailed retell for his literacy assessment task.</td>
</tr>
<tr>
<td>Year 2:</td>
<td>Jadee Denton</td>
<td>for working hard to achieve your reading goals!</td>
</tr>
<tr>
<td>Year 3/4:</td>
<td>Khye O’Neile Brown</td>
<td>for performing an entertaining and engaging poem for assessment.</td>
</tr>
<tr>
<td></td>
<td>Kyran Brown</td>
<td>for performing an entertaining and engaging poem for assessment.</td>
</tr>
<tr>
<td></td>
<td>Dakota Podham</td>
<td>for co-operating with others and following instructions.</td>
</tr>
<tr>
<td>Year 5/6:</td>
<td>Kyle McMillan</td>
<td>for continually working hard to get his assessments finished on time.</td>
</tr>
<tr>
<td></td>
<td>Tristan Sutton</td>
<td>for having a positive attitude when doing class work.</td>
</tr>
<tr>
<td></td>
<td>Emma Packer</td>
<td>for setting a good example by being a kind and caring peer.</td>
</tr>
<tr>
<td>Secondary</td>
<td>Noah Walsh</td>
<td>for his high attendance and great manners.</td>
</tr>
</tbody>
</table>

Principal Award

Emma Packer - for always following the School’s Expectations!

Important Dates

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>18th</td>
<td>Jump Rope For Heart</td>
</tr>
<tr>
<td></td>
<td>End of Term</td>
</tr>
<tr>
<td>5th</td>
<td>Labour Day Holiday</td>
</tr>
<tr>
<td>6th</td>
<td>School Resumes</td>
</tr>
</tbody>
</table>

Jump Rope for Heart

Jump Rope for Heart is a physical activity and fundraising program for schools. It is a great way to keep our kids hearts healthy while raising vital funds for the Heart Foundation. Surat State School’s Jump Off date is Friday 18th September from 1:50 – 3:00. Students will participate in various skipping games and skill development activities. This year however, students who do not fundraise any money for this initiative will not participate in the Jump Off Day. Any fundraising, big or small, will benefit the Heart Foundation and allow your children to participate in the skipping activities.

Mr Macbeth

Woolworths Earn & Learn Program

As you know, our school has been participating in the Woolworths Earn & Learn program. The program has now finished for this year, so a big thanks to everyone who supported our school. We’re now at the important stage of the program where the Sticker Sheets are collected and lodged as our Earn & Learn claim. We will then be able to get new educational equipment for our school. The more we collect, the more we can redeem. So this week, please send in your Woolworths Earn & Learn Sticker Sheets and any loose Earn & Learn stickers you may have. Remember to check your handbag, the car glove box or they may be stuck on the fridge. Every little bit helps. Thanks again for all your support!

Mr Macbeth

Tuckshop Roster - Term 3

<table>
<thead>
<tr>
<th>Date</th>
<th>Tuckshop Roster</th>
</tr>
</thead>
<tbody>
<tr>
<td>16th</td>
<td>Karla Harth &amp; Bre Ziesemer</td>
</tr>
</tbody>
</table>
Dear Parents/Guardians,

Sponsorship for our Chaplain

For over 80 years SU QLD has been bringing hope to children and young people through a range of programs and services. SU QLD is Australia’s largest provider of school chaplains with over 600 chaplains providing social, emotional and spiritual support for over 400,00 students in over 800 state schools since 2015. Over the last 25 years, thousands of students have received support from a chaplain due to their effective placement within our schools.

According to a national research study in child health, 27% of Year 4 to Year 9 students were bullied every few weeks or more during a school term. On top of this, 14% of children and adolescents aged 4 to 17 are dealing with mental health or behavioural problems.

SU QLD is bringing hope to these children through school chaplaincy. A 2009 national study found that 98% of school principals surveyed believed that chaplaincy services were making a major contribution to school morale, stating it was ‘proactive, unique, effective and important’.

At Surat State School, Mr Yanto Hall meets the needs of our school and supports all our students and their families by:

- Running programs in collaboration with staff, supporting students’ social and emotional growth and safety
- Organises and delivers a weekly breakfast club
- Runs extra curricular programs such as sketch club and guitar instruction
- Provides group programs for small groups of students
- Provides one or one support for students and staff where required

While chaplaincy has been embraced by all government levels and started to receive much-needed government funding in 2006, this funding does not fully cover the cost of employing our chaplain. Chaplaincy exists to support the community, but it also relies on the community to operate. To date, we have been able to maintain Mr Hall’s position through an earlier fundraising initiative, however, those funds have been depleted and, as a community, we need to address the shortfall.

There are, of course, many ways in which a community can provide financial support to an initiative such as school chaplaincy. We would welcome any contributions, whether they be ‘one off donations’ or the establishing of a weekly/monthly sponsorship. If you are able to help in any way please contact us for more information.

Mr Hall’s position here at Surat State School is a valuable one. Please help us in ensuring this continues.

Regards,

Justin Washington
Surat State School Principal

Chris Packer
Local Chaplaincy Committee Chair
Surat Diggers Race Club

2015 SURAT CUP

Saturday 19th September 2015

- Luncheon from 11:30
- Free race program
- 1st race 1:30pm
- Auction of calcutta horses after race 2
- Fashions of the field
- Fantastic prizes valued over $2000
- Live entertainment
- Free jumping castle for the kids
- Party on till late recovery breakfast Sunday morning
- Free courtesy bus
- Pick up and drop off New Royal Hotel
- Admission:
  - Adult $5.00
  - Children (13 years and under) - free

Enquiries
Secretary Marjie Neill: 07 4639 5316
Surat Diggers Race Club proudly commemorating 100 years of the ANZACs

NATIONAL SKATE PARK DAY

Saturday, 19 September 2015
1pm - 3pm
Roma Skate Park, McDowall Street

Food provided
Live music
Skate competition prizes to be won!
$2 BBQ dinner from 3.30pm

CCRA Golf Series

Game 1
Sunday 13 September
At Surat Golf Course, King Street

2 Person Ambrose

Men's Ladies
Juvenile
Longest drive & Nearest to Pin

Next Dates:
Saturday 26 September
Saturday 10 October (final)

* Hot food
* Bar
* Raffles
* Drink cart

Overall Champion
Team of Two
Most Improved Juvenile Player

$1000 000

Raising funds for the CCRA to buy shirts for the National Finals Rodeo in Dalby 30th & 31st October. CCRA Thank the MRC for their continued support.

Surat on Balonne Gallery

presents an exhibition of works by

Betty Searle & Kathy Ellem

On display 3rd October to 15th November

Join us for wine & nibbles @ the
OPENING FUNCTION: 6.30pm Saturday 3rd October

Surat on Balonne Gallery, Cobb & Co. Coaching Station, 62 Burrows Street, SURAT Q: 4407
P 07 4639 5316 | e: suratlibrary@maranoa.qld.gov.au | www.suratbalonnegallery.net.au
FREE WORKSHOP AND COMMUNITY BBQ
South West Indigenous Network (SWIN)

As part of SWIN’s 2015 community engagement program, the association will host a free workshop and community BBQ in Surat on Monday 28th September from 12:00pm - 3:00pm.

The event will be an opportunity to learn how SWIN operates and how you can take part in a range of exciting sport, recreation and community programs and services. You will also be able to provide feedback regarding any new activities you would like to see delivered locally.

SWIN staff will provide information regarding the SWIN Small Grants Program and explain how you can access this assistance.

This free workshop and community BBQ is open to anyone from the local community.

What: Free workshop and community BBQ
Date: Monday 28 September 2015
Time: 12:00 pm – 3:00 pm
Where: ‘The Hub’
68 Burrowes Street, Surat
RSVP: By Wednesday 23 September 2015
Jess Akers
07 4637 9865
Steve Connelly
0421 633 321
seq@swin.org.au
steve@cpgroup.com.au

Find out more about the SWIN Small Grants Program

SOUTH WEST INDIGENOUS NETWORK
FREE WORKSHOP AND COMMUNITY BBQ
SURAT, MONDAY 28 SEPTEMBER 2015

RUN SHEET

<table>
<thead>
<tr>
<th>TIME</th>
<th>RESPONSIBILITY</th>
<th>ITEM</th>
</tr>
</thead>
<tbody>
<tr>
<td>11:00am – 11:45am</td>
<td>Dusty Wilson, Jess Akers, Steve Connelly</td>
<td>* Arrive at The Hub and set up for workshop and community BBQ</td>
</tr>
<tr>
<td>11:45am – 12:00pm</td>
<td>Attendees</td>
<td>* Workshop attendees arrive and register</td>
</tr>
<tr>
<td>12:00pm – 2:00pm</td>
<td>Dusty Wilson</td>
<td>* Introduction to SWIN, including background, history, aims and objectives</td>
</tr>
<tr>
<td></td>
<td>Jess Akers</td>
<td>* Benefits of membership and different membership options</td>
</tr>
<tr>
<td></td>
<td>Steve Connelly</td>
<td>* Small grants, including background, different categories, eligibility, new guidelines, funding dates</td>
</tr>
<tr>
<td></td>
<td></td>
<td>* SWIN’s legal structure and what it means to be an incorporated association</td>
</tr>
<tr>
<td></td>
<td></td>
<td>* Strategic Plan and ideas for the future</td>
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<tr>
<td></td>
<td></td>
<td>* Codes of Conduct</td>
</tr>
<tr>
<td></td>
<td></td>
<td>* Club TAGS training and mentoring</td>
</tr>
<tr>
<td>2:00pm – 3:00pm</td>
<td>Community BBQ</td>
<td>* Held at The Hub</td>
</tr>
</tbody>
</table>
Why get involved?

- **We will come to you!** A suitable time will be arranged to take your team’s measurements at the start and end of the program. Measure Ups will also be available during the 12 weeks. The focus will be on *waist* loss rather than weight loss.

- Free practical **workshops** will be available each week on topics related to nutrition and exercise.

- You will receive **weekly newsletter** updates on how teams are progressing, as well as tips and hints on how you can reduce your waistline.

- **Fantastic prizes** will be up for grabs for the winning team, and also for the highest male and female waist losses.

- **Amazing local business offers** will be available for the 12 week period, with local stores, fitness providers and shops running promotions for the challenge.

Who can enter?

- Individuals, groups and businesses in Roma and surrounding areas can enter **teams of 4 to 6 people** for just $10 a team.

- Participants must be over 18 years of age.

Why focus on waist loss?

- Your waistline could be putting you at risk. Carrying weight around your middle increases your risk of developing chronic diseases such as heart disease, type 2 diabetes and some cancers. These diseases are largely preventable.

- Having excess fat around your waist is mainly due to the lifestyle choices you make. Well over half of Australian adults are overweight or obese, and this is a statistic we need to reduce.

Register your team today!

**Contact:** Rohan Ballon – Community Nutritionist  
**Ph:** 0746 242 595  
**Email:** Rohan.Ballon@health.qld.gov.au
MINI DANCE CONCERT

The Surat Dance Troop will be performing a 'mini concert' to showcase their dances that they have been working on all year!

When: Friday 18th September
Where: Surat Shire Hall
Time: 6:00pm sharp

Gold coin entry
Raffles up for grabs!

BYO drink, nibbles will be provided

All money raised will be donated to the Saving Abel Foundation

Don’t miss this fantastic opportunity to see the local kids and adults perform! As there is a total of 5 dances; it will only be a short show, but well worth it. Looking forward to seeing you all down there!